

vayu  
Spa / Wellness

# BODY BY VAYU

## ABHYANGA BY VAYU

60/90 MIN RM308/RM358

This is a simple oil application with a gentle rubbing using warm prescribed herbal oil. This has been found to expel toxins, alleviate fatigue, delay aging, improve blood circulation, enhance the immune system and rejuvenate the body.

## VAYU AROMA MASSAGE

60/90 MIN RM298/RM408

Indulge in the essence of plants and the soothing touch that brings a feeling of calm and harmony. Relaxing massage techniques with the science of aromatherapy creates a balanced fusion of East and West. Improve your health, balance your emotions, and enhance your life.

## TRANSCENDENTAL TRADITIONAL MASSAGE

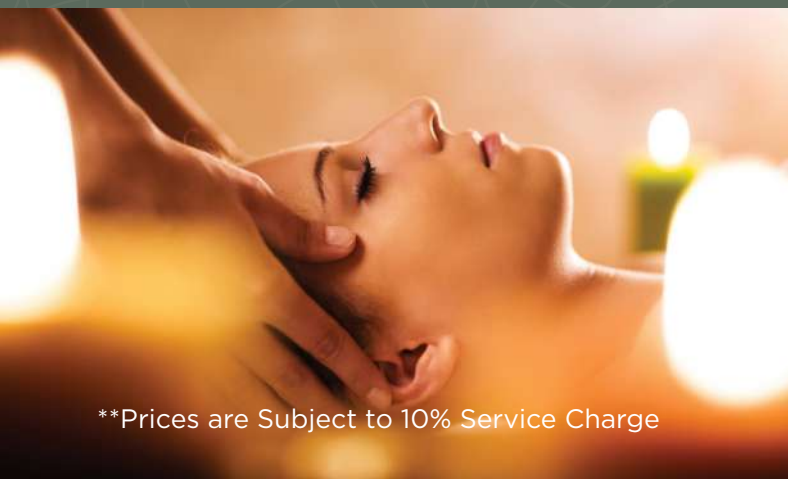
60/90 MIN RM338/RM438

Traditional Massage has developed over centuries to relax and rejuvenate. Featuring skillful kneading, stroking and flowing body sweeps this medium pressure massage aims to soothe tired and sore muscles balance the body and restore energy levels. Feel balanced in body and mind.

## ALUNAN RELAXING FOOT MASSAGE

60/90 MIN RM248/RM309

Relaxing foot massage is influenced by the art of reflexology an ancient technique based on the principle that body organs are connected to reflex points on the feet. Massaging of the feet's reflex points is believed to help restore the natural flow of energy for good health and wellbeing.



\*\*Prices are Subject to 10% Service Charge

## VAYU-BAYU MASSAGE (FOOT & BACK)

90 MIN RM318

Relaxing foot massage followed by back massage is the perfect solution to relieve muscle tension and stress commonly felt in the shoulders, back and neck.

## DEEP DIVE MASSAGE

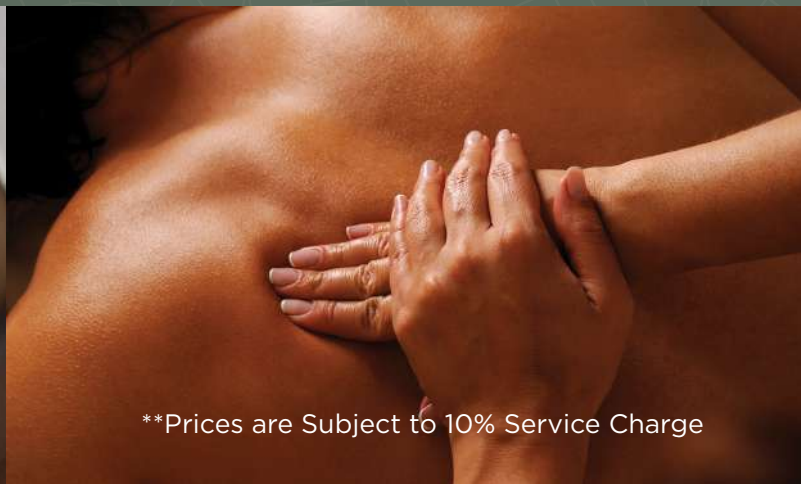
60/90 MIN RM358/RM458

To alleviate stress, ease general body aches and revive the senses. Deep tissue massage enhances circulation and flexibility. Special attention is given to the back, neck and shoulders.

## LAVA STONE BODY THERAPY

60/90 MIN RM308/RM438

Hot stone massage is a type of massage therapy that involves the use of smooth, heated stones. The massage therapist places the hot stones on specific points on your body and may also hold the stones while giving the massage. The localized heat and weight of the stones warm and relax muscles, allowing the massage therapist to apply deeper pressure to those areas without causing discomfort.



\*\*Prices are Subject to 10% Service Charge



# VELVETY SKIN BY VAYU

Aromatic body salt scrubs exfoliate awaken and refresh by removing dead cells to reveal softer, glowing and revitalized skin. 100% pure and natural, each scrub contains botanical ingredients and therapeutic aromatherapy essential oils. Includes head & shoulder massage – 60 minutes.

## GINGER & LIME ENERGIZING SALT SCRUB

60 MIN RM338

Mineral rich superfine salts and organic botanicals are combined with vibrantly fresh ginger, lime and lemongrass to awaken and energize the skin leaving it softened and lightly moisturized. Perfect for spongy or orange peel skin.

## JUNIPER, ROSEMARY & DETOX SALT SCRUB

60 MIN RM338

The perfect detox experience to revive & stimulate the body. Mineral rich superfine salts and organic botanicals are enriched with pure essential oils of juniper berry, cypress, rosemary and eucalyptus to tone and revitalize the skin leaving it freshly fragranced and refined.

## HIBISCUS, ROSE & RICE BODY SCRUB

60 MIN RM338

Inspired by beautifying secrets of the orient hibiscus and rose body treatment with flower petals of rose and hibiscus blended with ground rice creates a sensual and feminine body polish. Gently brightening and exfoliating it removes dead skin cells leaving the complexion nourished and soft with the sweet fragrance of rose essence.



\*\*Prices are Subject to 10% Service Charge

## COCONUT & VANILLA BODY TREATMENT

RM338

Reveal vibrant, radiant skin with this richly fragrant tropical treat. Organic coconut and vanilla pods are blended together with rich nut oils to gently remove dull skin cells and moisturize at the same time making this a nourishing and replenishing body treatment.

## ROSE & YLANG YLANG LUSCIOUS SALT SCRUB

RM338

Himalayan mineral salts are deliciously enriched with pure essential oils of rose geranium, ylang ylang, rose and lavender. This luxurious floral body exfoliation leaves the skin beautifully fragrant, refreshed and renewed.



\*\*Prices are Subject to 10% Service Charge

# FACE BY VAYU

**Thalion** – leading expert in marine cosmetics – carefully selects the richest seaweeds. This unique know-how as a harvester enables us to preserve the original qualities of these precious plants and integrate them in new formulas. Discover our professional treatments in thalassotherapy centers, spas and beauty salons in more than 50 countries around the world.

Each facial includes Cleanse and Polish, Facial Steam, Shoulder, Neck and specialized Facial Massage Techniques, Pure Floral Water Hydration, Facial Masque and Enriching skin hydration.

## ABSOLUTE HYDRATION

60 MIN RM438

This treatment bathes the face in moisture, concentrating the benefits of marine extracts to quench the skin. Skin is perfectly moisturized, regaining comfort, radiance, and softness. Suitable for all types of skin.

## EASE SENSI-MARINE (SUNBURN FACIAL)

60 MIN RM438

Real source of comfort, this facial instantly immerses the skin in a bubble of serenity. Its soothing patented marine active ingredients are combined with probiotics to restore the natural balance of the skin. Its sensory and soft textures respect the skin's sensitivity. Stronger and better protected, the skin is soothed and comfortable.



\*\*Prices are Subject to 10% Service Charge

## **RESERVATIONS**

Advance reservations are recommended.

Feel free to make a call or whatsapp us at **019-4336017**.

Reservations may also be made via email through the **admin@vayuspa.org**

Do find us for more information and enquiries in **alunanresort.com**

## **KIND CONSIDERATION**

In consideration of other guests we ask that all cellular phones be turned off while at the spa. Vayu Spa, Alunan Resort is a non-smoking facility.

Services that are listed with a \* symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant.

**\*\*PRICES ARE SUBJECT TO SERVICE CHARGE WHICH IS NOT INCLUDED IN THE PRICE LIST**



# vayu

Spa Wellness



Spa Treatment Hours 11.00am – 9.00pm  
(Last treatment starts at 8.00pm )



019 433 6017



The Vayu Spa , Alunan Resort Perhentian Island,  
Terengganu, Malaysia



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[alunanresort.com](http://alunanresort.com)

